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CANBERRA



Welcome to Canberra

Experience one good thing after another when you visit Canberra, Australia's capital. Whether it's indulging in award-winning food and wine, unearthing iconic national treasures or going on breathtaking adventures, everything is just moments away.

Enjoying the great outdoors comes naturally in the nation's capital as our city transforms with a kaleidoscope of colours over four distinct seasons. Soar above the capital in a hot air balloon, hike in pristine mountainous surrounds or venture into our nearby national parks to get up close and personal with native Australian wildlife.

There's no doubt about it — Canberra's dining scene is red-hot. Refuel at our new foodie precincts of Braddon, NewActon and the Kingston Foreshore — where you'll find a delicious combination of hipster coffee shops, innovative cafes and chef-hatted restaurants — or spend the day sampling the region's renowned cool climate wines at more than 30 cellar doors all located within 35 minutes drive of Canberra.

Uncover the secrets of Australia's most important national treasures and learn more about the history and the Australian way of life at a multitude of world class galleries and museums.

Looking for a memento of Canberra? Indulge in some retail therapy and pick up unique Australian made souvenirs at a range of flourishing weekend markets, shopping malls and boutiques.

Let the kids run wilder than their imaginations with a flurry of family-friendly activities including monstrous milkshakes, lifelike dinosaurs or weird and wonderful science experiments. With majority of attractions offering free entry, Canberra is a fantastic value for money destination that won't break the budget.

Canberra's jam-packed calendar of events also offers an eclectic mix of activities suitable for the whole family — whether it be flower festivals, exclusive after-dark events or artistic celebrations.


When it comes to Canberra, you never know what unexpected wonders are waiting around the corner.



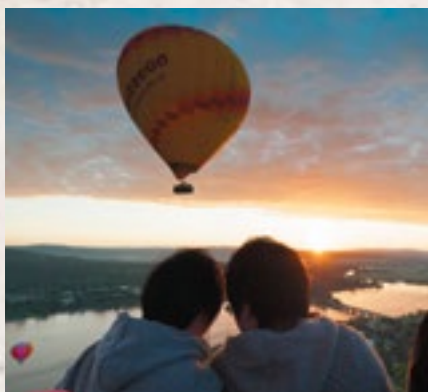
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Must do Canberra experiences



Experience the best of what
Australia's capital has to
offer with these exceptional
experiences.



HOT AIR BALLOONING

There's no better way to fully appreciate the capital's charm than from a hot air balloon as the early morning sun fills the valley and lakes with soft morning light. **Balloon Aloft Canberra** will have you drifting peacefully over the city — one of the only places in the world where you may get the chance to fly directly over a Parliament House.



AUSTRALIAN WAR MEMORIAL

Visit one of the world's great museums for a moving and unforgettable experience. Discover the diverse experiences of war and reflect on their enduring impact. See some of the world's most significant military relics, place a poppy on the Roll of Honour and stay for the moving *Last Post* closing ceremony.



NATIONAL ZOO & AQUARIUM

Fancy waking up with a pride of lions or a sun bear just metres from your bed with just a glass panel between you? It's possible at the **National Zoo & Aquarium's Jamala Wildlife Lodge** with luxury accommodation combined with opportunities to interact closely with the animals and tour the Zoo. Alternately, take a hands-on tour that allows you to meet a cheetah or hand-feed a bear.



NATIONAL MUSEUM OF AUSTRALIA

Discover the place where Australian stories live at the **National Museum of Australia**. Find a preserved Tasmanian tiger and moving memento coins engraved by convicts transported to Australia from England. Marvel at the impressive Indigenous collection in the Gallery of First Australians.



NATIONAL DINOSAUR MUSEUM

Roar with dinosaurs at the **National Dinosaur Museum** in Gold Creek Village. You'll find lots of animatronic dinosaurs as well as models and skeletons on display. Touch a genuine 150 million-year-old dinosaur bone and view and purchase fossils, minerals and crystals.



NATIONAL GALLERY OF AUSTRALIA

Visit the home of Australia's National Art Collection which has more than 165,000 works and includes the world's largest collection of Indigenous Australian artwork. Famous artworks include Jackson Pollock's *Blue poles*, Monet's *Nymphaeas (Waterlilies)* and Sidney Nolan's *Ned Kelly* series. Wander through world-class exhibitions and the impressive Sculpture Garden with its drifting Fog sculpture.



ROYAL AUSTRALIAN MINT

From a new viewing deck at the **Royal Australian Mint**, gaze onto the factory floor to see how Australia's coins are made and watch one of the world's strongest robots in action. Navigate your way behind-the-scenes to learn about the coin production process, discover Australia's National Coin Collection with many rare and valuable coins on display and make your own Australian coin.



TIDBINBILLA NATURE RESERVE AND NAMADGI NATIONAL PARK

Spot native Australian wildlife or go on a behind-the-scenes spotlight tour to experience nature at its best at **Tidbinbilla Nature Reserve**, set within a beautiful valley framed by rocky-topped mountains. Alternatively, venture into the rugged Bimberi Wilderness at **Namadgi National Park** which forms the northern end of the Australian Alps.



CANBERRA WINE REGION

You'll find more than 30 boutique cellar doors in the Canberra district all within an easy 35-minutes drive from the city. More often than not, visitors will be served by the winemaker, experiencing first-hand the passion and expertise that goes into each and every wine. Sample award-winning cool climate wines, taste fresh regional produce at its best, test your culinary skills at a cooking school, learn how chocolate is made, or go on a truffle hunt during winter.



QUESTACON

Wrap your mind around some intriguing questions at **Questacon — The National Science and Technology Centre**. Discover the mighty power and stunning beauty of our planet in *Awesome Earth*, one of eight interactive galleries. Questacon has its own style of science theatre which allows you and your family to get involved in the galleries or sit back and watch crashes and explosions as you enjoy the fun and excitement of live science demonstrations.



AUSTRALIAN INSTITUTE OF SPORT

Inspire your little sporting dynamo with an athlete-guided tour of the **Australian Institute of Sport** and learn what elite athletes undertake to make it in their sport. Test your sporting skills at Sportex, an interactive sports experience that will have you kicking footballs, playing wheelchair basketball and racing a friend in a simulated ski race.



EXPLORE LAKE BURLEY GRIFFIN

Get active on and around the picturesque **Lake Burley Griffin**. A fun way to get around the lake is on a guided segway tour or you can hire sailing boats, stand up paddle boards, kayaks, surf skis and canoes. Hop on a **Canberra Lake Cruise** and take in the sights of some major attractions and beautiful parks.



COCKINGTON GREEN GARDENS

Tower over tiny versions of famous buildings from around the world and ride the mini steam train at the delightful miniature village of **Cockington Green Gardens** at Gold Creek Village. Kids can bring the exhibits to life with interacting mechanical animation. Enjoy a picnic lunch among the vibrant gardens or grab a bite to eat from the Parsons Nose Garden Cafe.



NATIONAL ARBORETUM CANBERRA

Explore the **National Arboretum** your way – walk, run, cycle or drive through the 250 hectares of rolling hills. Just 6km from the city centre, the Arboretum has spectacular views of the city's surrounding mountain ranges. Marvel at the living miniature works of art at the National Bonsai and Penjing Collection. Relax and refresh in the award-winning village centre and let the kids loose to play on the Pod Playground.



PIALLIGO FARMHOUSE

Set on 86 acres, Pialligo Estate has been expanded to incorporate an olive grove, vineyard, orchard, market garden, and the award-winning Pialligo Smokehouse, famous for Australia's Best Artisan Bacon. The Estate recently re-opened its doors after an extensive refurbishment and includes a new Farmhouse Restaurant.



CANBERRA DEEP SPACE COMMUNICATION

Space-obsessed children (and adults) will enjoy a visit to the **Canberra Deep Space Communication Complex**, part of NASA's Deep Space Network. Check out a 3.8 billion-year-old piece of moon rock and discover what astronauts eat in space. The complex is one of three in the world that communicates with current space missions via one of the largest communications dishes in the Southern Hemisphere.



PARLIAMENT HOUSE

See Australia's elected parliamentarians in action during Question Time on sitting days or take a free guided tour for a fascinating insight into Australia's Parliament. Throughout the year, tours of the beautifully landscaped gardens are also offered. Take a lift up to the roof for panoramic views of Canberra and to stand underneath the 81-metre flagpole with an Australian flag bigger than a double-decker bus.



OLD BUS DEPOT MARKETS

The award-winning **Old Bus Depot Markets** in Kingston is a weekend institution for Canberrans and visitors alike. Held each Sunday, you will find jewellery, art, clothing and furniture as well as regional produce. Next door is Australia's only cultural centre wholly dedicated to contemporary glass art. At **Canberra Glassworks** you can meet artists, take a tour and have a hands on experience working with glass. Afterwards, grab a burger from the popular Brodburger cafe.



Calendar of key events

From spectacular architectural projections and hot air balloon celebrations to a million bulbs blooming on cue and gourmet food and wine festivals, Canberra's diverse events calendar offers something for everyone.



FEBRUARY

SUMMERSIDE FESTIVAL

Follow the Poacher's Way and discover hidden secrets during this month-long regional food and wine festival with master classes, twilight garden concerts, wine tastings and art exhibitions.

SUMMER



FEBRUARY

NATIONAL MULTICULTURAL FESTIVAL

The world comes to Australia's capital during this popular festival as Canberra's multicultural communities showcase their cultures through food, music and performances in a kaleidoscope of colours, sights, sounds and flavours.

SUMMER



Palace of Versailles, © Pecold / Shutterstock.com

BLOCKBUSTER EXHIBITIONS

Summer is the season for blockbuster exhibitions at Canberra's national attractions, like the National Gallery of Australia's *Versailles: Treasures from the Palace* exhibition opening 9 December 2016.

SUMMER



FEBRUARY-MARCH

ENLIGHTEN: SEE CANBERRA IN A WHOLE NEW LIGHT

Canberra's rich cultural attractions come alive with late night openings, spectacular architectural projections and a treasure trove of live events. Discover a buzz of activity, live music, surprising performances, unexpected happenings and delicious food markets at Enlighten.

AUTUMN



MARCH

CANBERRA BALLOON SPECTACULAR

See a stunning array of hot air balloons inflate at dawn and slowly drift over Canberra's iconic national attractions during the Canberra Balloon Spectacular. Catch the action on the ground with live music and a delicious variety of hot breakfast options.

AUTUMN



APRIL

CANBERRA DISTRICT WINE HARVEST FESTIVAL

Celebrate the autumn wine harvest with a visit to wineries in the Canberra district to see the vineyards at their best. Meet local winemaker and enjoy special activities, live music and delicious food matching the wide range of wine varieties on offer.

AUTUMN



APRIL

ANZAC DAY AT THE AUSTRALIAN WAR MEMORIAL

Take part in the national Anzac Day ceremony and experience the Dawn Service, a moving tribute commemorating those who have served and died in war.

AUTUMN



JUNE-AUGUST

THE TRUFFLE FESTIVAL CANBERRA REGION

Indulge in a 'taste of mid-winter magic' at this festival showcasing local black truffles. Take part in truffle dinners, tastings, cooking demonstrations and truffle hunts.

WINTER



AUGUST

FIRESIDE FESTIVAL

Distinctive venues create a warming and memorable experience during this winter festival offering authentic cool climate wines matched with gourmet, seasonally inspired contemporary food, music and entertainment.

WINTER



SEPTEMBER-OCTOBER

FLORIADE

Floriade, Australia's celebration of spring, transforms Commonwealth Park into a tapestry of colour. More than a million colourful bulbs and annuals bloom on cue, creating a vibrant display unrivalled by any other event of its kind. Enjoy lively entertainment, children's activities, food, craft and much more.

SPRING



SEPTEMBER

FLORIADE NIGHTFEST

Experience Floriade in a whole new way as it magically comes to life at night with spectacular lighting, live entertainment, bustling night markets and illuminated flower beds. See breathtaking views from the giant ferris wheel. Enjoy a drink at the Moonlight Lounge or grab a bite to eat.

SPRING



A comprehensive list
of what's on in Canberra
is available at
visitcanberra.com.au

Food and wine



Canberra's food scene continues to win acclaim. Bistro-style eateries and affordable quality eats blend perfectly with stylish restaurants and award-winning dining experiences featuring the region's freshest produce.



CITY CENTRE AND SURROUNDS

In the heart of the city, Canberra Centre's North Quarter dishes up some hot city eats. Try Sammy's Kitchen, Cream, popular Mexican restaurant Guzman y Gomez and Jamie's Kitchen. On Bunda Street, check out Akiba for East meets West.

Superb Italian fare can also be found at Mezzaluna and the little hole-in-the wall that is Da Rosario in the Melbourne Building. This historic building is also home to Thirst Wine Bar and Eatery, offering a quick fix of modern Thai street food, and the funky Cuban themed The Highball Express, which specialises in great cocktails in tall glasses. Visit the nearby Jewel of India for fresh regional dishes and the Charcoal Restaurant which has served mouth-watering steaks

for an incredible 50 years. Hidden within the Melbourne Building's Odgers Lane is the unassuming but ultra cool Loading Zone, serving delicious but simple Italian food. Nearby, head to Courgette for some of Canberra's most upmarket fare or try hot spot Temporada — meaning 'the best of the season'.

On the fringe of Canberra's CBD, Braddon is the hip neighbourhood for cafes,

restaurants and bars. For classic Italian cuisine and buzzing atmosphere, try Italian and Sons, Eightysix for an ultra-cool dining experience and the Elk & Pea for a Central American inspired menu. Hipster coffee spots and cold pressed juice bars abound. Find time to visit urban village The Hamlet on Lonsdale Street, home to a fantastic array of street food vendors.

Nestled inside Gorman House, a 1920s heritage building in the heart of Canberra, the award-winning Sage Restaurant serves up excellence in a relaxed environment. Their food has been described as 'whimsical pieces of art' — as much a feast for the eyes as it is for the palate.



NEWACTON

Discover the delights of the NewActon dining precinct close to the city centre. The Parlour Wine Room, a Canberra favourite, offers tapas, classic cocktails and an extensive wine list including Canberra wines. It's located next to A.Baker which, along with Mocan & Green Grout, has become a popular spot for a great cup of coffee or delicious meal incorporating local seasonal produce. Italian restaurant Bicletta specialises in simple

and traditional Italian food. Newcomer Monster Kitchen and Bar, located in the ever so cool Hotel Hotel, offers a creative menu for breakfast and all-day dining. In the evening, enjoy the super-relaxed atmosphere and cool tunes — there are lots of little nooks where you can eat and enjoy a drink. Movie-lovers can visit Max Brenner for a chocolate fix or the Prosecco Bar before seeing a film at the Palace Electric Cinema.



DICKSON

Dickson offers a small flourishing Chinatown and much more. Share great value Asian food at Jimmy's Place, Asian Noodle House, the Scholar and Ruby Chinese. There's a great vibe, not to mention terrific dumplings, at Dickson Dumpling House. You'll also find Korean, Malaysian, Turkish, Italian, Indian and Thai food all within a short walk.

THE INNER SOUTH

Kingston, Manuka and nearby suburbs in the inner south have many fantastic cafes and restaurants and bakeries. Choose from modern Australian, Vietnamese, Indian, Turkish, Spanish, Malaysian, Thai, Chinese and Italian cuisine.

In Kingston, try East Hotel's Joe's Bar with its fabulous Italian fare and curated wine list or Penny University's casual dining experience whose open-style kitchen adds to the feel of stepping into someone's (funky) home. The

Kingston Foreshore waterfront precinct offers many dining and bar options. Molta Italian, Morks, The Dock sports bar, La Rustica, Local Press and vibrant pub, Walt & Burley are among the well established restaurants and pubs. Coffee lovers can also enjoy a cup at Remedy by Lonsdale Street Roasters or 38 Espresso, while Max Brenner will satisfy any sweet tooth. Visit a Canberra favourite, Brodburger, nearby at Canberra Glassworks for mouth-watering burgers and bustling atmosphere.

In Manuka, Abell's Kopi Tiam offers home-style Malaysian cuisine and is surrounded by many other popular cafes and restaurants. Grab a bite to eat at Urban Pantry, indulge in a coffee from Ona on the Lawns or enjoy an upmarket take on pub grub at Public. For fine dining, Griffith's Aubergine regularly wins some of the city's top dining awards, while nearby Rubicon has a well-deserved reputation for its fine food and extensive wine list. Dine in a modern setting at The Chairman and Yip, in Barton.

TOP RATING CUISINE AWARDS

Savour the region's best cuisine at one of the eateries rated by the 'bible' of good food, The *Sydney Morning Herald Good Food Guide 2016*. Topping the list is Aubergine with 2 Chef's Hats. Other picks include Eightsix, Lanterne Rooms, Lilotang, Monster Kitchen and Bar, Ottoman Cuisine, Pialligo

Estate Farmhouse Restaurant, Temporada and Waters Edge.

Other recommending dining spots included Akiba, A.Baker, Capital Bar & Grill, Les Bistronomies, Mezzalira Ristorante, Mocan & Green Grout and Sage Dining Rooms.



FAMILY DINING

Enjoy Chinese/Malaysian at Timmy's Kitchen in Manuka or Turkish fare at the Turkish Pide House in Woden and Belconnen. For pizzas and other Italian fare, Bicicletta in the NewActon precinct is a popular choice. La Cantina, in Narrabundah, also offers family-friendly Italian dining.

For budget dining, try the Food Court Family Restaurant in Dickson, where the buffet features seafood, pasta, Chinese, salads and dessert, along with free soft drink refills. Canberra's many sporting clubs also offer great value family meals.

HALAL

In Manuka you can enjoy traditional Afghan cuisine from Kabul Kebab House and Jewel of India, while nearby in Yarralumla the Turkish Halal Pide House is a popular choice. Taze and Pappa Rich offer some delicious options in the city centre, while Taj Agra is the pick in Dickson. Poachers Pantry's popular smoked meats include Halal chicken and duck in a rural setting.



A DRINK AND A BITE

In Barton indulge in the rich melange of flavours at Hotel Realm's Ostani Lounge Bar Restaurant. Honkytonks in the city is a cool venue serving tacos, salsa and hot dogs. For a touch of style, try the shared plates at Parlour Wine Room in NewActon, Playground Martini & Tapas Bar in Garema Place, Bar Rochford or The Highball Express in the iconic Melbourne Building.

Canberra has many pubs serving hearty, inexpensive food. In

the city, head to King O'Malley's, PJ O'Reilly's and the Uni Pub, the Wig & Pen Tavern and Brewery at Llewellyn Hall, Australian National University, and BentSpoke Brewing Co in Braddon or cook your own steak at the Kingston Hotel. Zierholz Premium Brewery has two outlets, in Fyshwick and at the University of Canberra in Bruce, where you can enjoy a wide variety of food with locally crafted beers. Canberra's many licensed clubs also offer good value meals.



FOOD WITH A VIEW

For spectacular views over Canberra, Onred and its casual cafe Little Brother have fine views from Red Hill Lookout and lure diners with creative dishes highlighting fresh seasonal produce. Sophisticated Waters Edge has views across the lake and up Anzac Parade to the Australian War Memorial, while the Boat House by the Lake is cosy in winter and hard to beat on sunny days. For a more casual lakeside experience,

settle into bookplate at the National Library of Australia or the cafe at the National Museum of Australia. Snapper at the Canberra Yacht Club in Yarralumla is a great spot to grab some fish and chips. Offering stunning views of the city from the comfort of a rural setting, Pialligo Estate has been expanded to incorporate a restaurant, olive grove, vineyard, orchard, market garden and the award-winning Pialligo Smokehouse.



SUBURBAN HOT SPOTS

Nestled in the suburbs you'll find casual yet stylish eateries that are worth a detour. At Lyneham in the inner north, head to Tilley's Devine Cafe Gallery, a Canberra institution or to the Belconnen suburb of Bruce for modern Australian cuisine at Ellacure. Try European bistro-style dishes with a twist at Pulp Kitchen in Ainslie or creative Asian cuisine at the Lanterne Rooms in Campbell.

Enjoy Fijian-Indian specialties at Rama's, a neighbourhood favourite in Pearce, or relax and enjoy the eclectic surrounds of A Bite to Eat in Chifley. Some of Canberra's fine dining can be found at Augergine in Griffith, Ottoman Cuisine in Barton and Pistachio Dining at Torrens.





CAFFEINE FIX

Visit Canberra's top spots for a caffeine fix

CITY SLICKERS:

The Cupping Room, Gus', Coffee Lab, Tupelo Coffee Co.

INNER SOUTH:

Silo Bakery, Ona Coffee, Urban Pantry, Farmers Daughter, Penny University, Double Shot

NEWACTON:

Močan & Green Grout, A.Baker, Monster Kitchen & Bar

BRADDON:

Lonsdale Street Roasters, Barrio Collective, Autolyse

KINGSTON FORESHORE:

Remedy by Lonsdale Street Roasters, 38 Espresso

INDULGENT TREATS

Dream Cuisine is a hidden gem tucked away in the industrial suburb of Fyshwick serving macarons to die for — try their award-winning pistachio and lime macaron. Indulge in delicious breads and pastries from Silo Bakery in Kingston or Autolyse bakery along Lonsdale Street, Braddon. Experience a 'chocolate mood' at Max Brenner in Westfield Belconnen, on the Kingston Foreshore and in the Nishi Building, NewActon or visit Koko Black in the city for truffles,

hot chocolate drinks and a decadent dessert degustation. In Woden discover Spanish treats at San Churro.

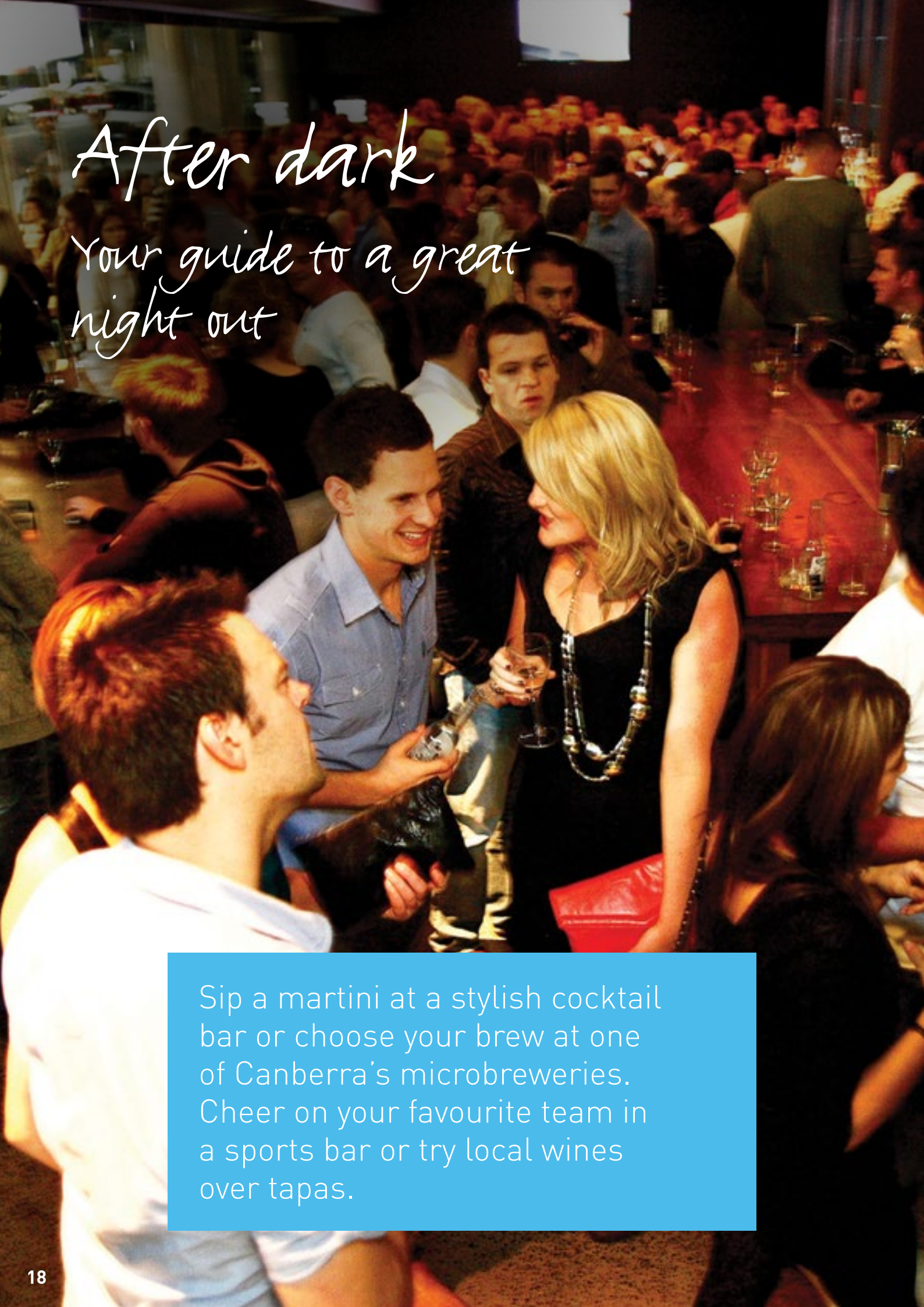
Sample the delights of a traditional high tea at the historic Hyatt Hotel Canberra or enjoy a champagne high tea from the rooftop terrace of the Burbury Hotel overlooking the city, lake and leafy Barton. Indulge in afternoon tea treats at Cafe Societea in Griffith and at Adore Tea House, Gold Creek in Nicholls.



FRESH, REGIONAL PRODUCE

Canberra has a thriving Slow Food movement and many outlets for people interested in buying direct from small local producers. Stop by Choku Bai Jo shops in North Lyneham and Curtin or drop into the Saturday morning Capital Region Farmers Market — the largest farmers market in the Southern Tablelands. Visit Grandma's at the Farm for locally produced olives and olive oil, Chocolate d'Or for exquisite Robyn Rowe chocolates and Gallagher

Wines for locally produced cheeses and wine. Poachers Pantry produces wonderful smoked goods and is one of the stops on the Poachers Way, a self-guided drive of boutique food, wine and accommodation. Enjoy a fine dining experience at Grazing in Gundaroo where the menu is inspired by what's growing in the kitchen garden onsite. Pick up some award-winning Pialligo Farm Smokehouse bacon voted 'Australia's Best Artisan Bacon' from a number of outlets including Essential Ingredient and IGA Ainslie.



After dark

*Your guide to a great
night out*

Sip a martini at a stylish cocktail bar or choose your brew at one of Canberra's microbreweries. Cheer on your favourite team in a sports bar or try local wines over tapas.

CITY AND BRADDON

Many of Canberra's best cocktail bars, clubs and pubs can be found around Garema Place and nearby City Walk in the heart of the city. Enjoy a selection of wines, local and imported boutique beers and edgy cocktails at bars bursting with atmosphere like Tongue & Groove, Honkytonks, Shorty's, Playground Bar, gay club Cube and Hippo Co. The 1920s Sydney and Melbourne Buildings boast night spots including Mooseheads, The Highball Express and Bar Rochford. Other city venues to try include the Speakeasy Molly, Treehouse and White Rabbit Cocktail Room.

In nearby Braddon, check out brewpub Bentspoke Brewing Co, edgy lounge bar Knightsbridge Penthouse, Debacle for ales, wine and pizza, and the latest watering hole Hopscotch Bar with its outdoor beer garden.

In NewActon, Parlour Wine Room is the perfect place to chill and try local wines over tapas, or you can grab a drink and bite to eat at the Monster Kitchen and Bar.

If a pub is more your style head to King O'Malley's for live music, pub food and local entertainment. Sample an ale at PJ O'Reilly's, visit Canberra's biggest pub, the Uni Pub, or try an award-winning brew from the Wig & Pen Tavern and Brewery now at Llewellyn Hall, Australian National University.



KINGSTON AND MANUKA

These established inner south precincts are known for their diverse night scene, from upmarket and sophisticated to understated and relaxed. In Green Square in Kingston try the Durham for a friendly pub experience or the funky Little Brooklyn. Nearby is the stylish lounge bar Kennedy Room.

For an intimate venue with table service and a political twist in Manuka, head upstairs to the Polit Bar for a classic cocktail. On the Kingston Foreshore, experience one of the best views of Lake Burley Griffin from Walt and Burley, chill and watch sports at The Dock or try a cocktail at Betti Bravos.



DICKSON, LYNEHAM AND O'CONNOR

In a large art deco inspired corner building, Sub Urban fashionably dominates the inner north suburb of Dickson encompassing a pub and wine bar with a sunny outdoor area and Belluci's restaurant. New pub The Ducks' Nuts is not far away.

Just suburbs away in Lyneham is Tilley's Devine Cafe and Gallery, while popular O'Connor shops pub Duxton and the Loft offers a rustic environment where you can relax and choose from their extensive wine and cocktail list and delicious tapas.

Canberra's precincts



New visitors to Canberra can sometimes be a bit perplexed as to the lay of the land and where to go. With our precincts guide, you'll have a better idea of what's where!



CANBERRA CITY

Shopping, restaurants, entertainment and bars combine in the city centre to form a hub of activity. Here you will find alfresco brunch spots sitting alongside the city's coolest bars. There's also the Canberra Centre for retail therapy (and great summer sales buys). Catch a movie at Dendy Cinema,

a show at the Canberra Theatre, indulge your inner art critic at Canberra Museum and Gallery or try your luck at Casino Canberra.

You will be spoilt for dining choices in the heart of the city with the likes of Akiba, Jamie's Italian, Smoque and Iori Japanese Restaurant.

CANBERRA CITY GEMS

- Dine alfresco at Gus', a Canberra institution
- Browse high street fashion and designer stores at the Canberra Centre
- Grab a bite to eat on the bustling Bunda Street dining strip



NEWACTON

NewActon is a bold new adventure in urban mixed-use eco design. Discover how architecture, cuisine, art and a new expression of city dwelling combine in this revamped western corner of the city. Here you will find the award-winning and uber-cool Hotel Hotel in the Nishi Building, located next door to Peppers Gallery Hotel, Canberra.

The area offers adventurous food and drink venues such as Monster Kitchen and Bar, A.Baker, Mocan & Green Grout, Bicicletta and Parlour Wine Room. The area is also home to Palace Cinemas, Nishi Gallery, a bike hire shop, pilates studio, a day spa and hair studio, and plenty of funky street art. The QT Canberra hotel is nearby and the city centre is a short walk away, as is the Lake Burley Griffin foreshore.

NEWACTON GEMS

- Pore over Parlour Wine Room's extensive Canberra region wine list
- Catch an exhibition in the Nishi Gallery
- Watch outdoor cinema screenings in summer
- People watch in the Hotel Hotel lobby come Monster Kitchen and Bar

BRADDON

Rating high on the hipster factor, the inner-city suburb of Braddon — once an eclectic mix of retail stores and car yards — continues its transformation into the city's hottest dining strip. Centred around Lonsdale Street, Eloura and Mort Streets, you will find a mix of hipster coffee shops, casual eateries, bakeries, pubs, restaurants and nightspots. Highlights include the locally owned Lonsdale Street Roasters outlet,

Autolyse, Eightysix, Frugii Dessert Laboratory, Hopscotch, Italian & Sons, The Elk & Pea, Sweet Bones vegan cafe, eightytwenty, Knightsbridge Penthouse, Debacle and BentSpoke Brewing Co. Fun and funky homeware, art and fashion shops are located along the Lonsdale Street strip, and it's just a short walk to the Ainslie and Gorman arts centres and the city centre.

BRADDON FINDS

- Handsome Pretty, AGENCY and the Hive for funky gifts
- Sample a Barley Griffin beer at BentSpoke Brewing Co
- Taste Eightysix's famous Caramel Popcorn Sundae
- Checkout new urban village The Hamlet for a fantastic array of street food vendors



KINGSTON AND MANUKA

The inner south suburbs of Kingston and Manuka offer a mix of boutique shopping, art galleries, cafe and restaurant dining, markets and a major sports venue for Australian Football League (AFL) and cricket. Closer to the lake is the Kingston Foreshore which includes a mix of residential properties, businesses and a growing strip of cafes, restaurants and bars with views across Lake Burley Griffin.

SUBURBAN GEMS

- Tackle a famous Brodburger at the Canberra Glassworks
- Take a dip at the historic Manuka Pool in summer
- Wander the Sunday markets inside Canberra's original bus depot
- Pop into a Canberra Contemporary Art Space exhibition

Also in this precinct is the popular Old Bus Depot Markets (open Sundays) and Canberra Glassworks.

Historic Manuka Oval is a few blocks walk from the historic shopping villages of Manuka and Kingston, both great spots for a bite to eat or drink after a match.





PARLIAMENTARY TRIANGLE

While home to the imposing Parliament House and the Museum of Australian Democracy at Old Parliament House, you'll find many of the gems of Australia's national collection located in the 'triangle' that is framed by Kings and Commonwealth Ave Bridges and fronts the south side of Lake Burley Griffin.

Between green open spaces and government buildings are some truly impressive 'nationals' — the National Gallery of Australia and the NGA Contemporary gallery, the National

Portrait Gallery, the National Library of Australia and the National Archives of Australia as well as Questacon – The National Science and Technology Centre.

The Triangle is easily explored on foot. You can gallery hop among the attractions and enjoy a bite to eat at cafes inside most. Explore the outdoor sculptures, hire a segway to zip around the lake and past the iconic buildings or join the Canberrans doing the 'bridge to bridge' loop — either walking, jogging or cycling.

TRIANGLE MUSTS

- Jackson Pollack's *Blue poles* at the National Gallery of Australia
- Segway around Lake Burley Griffin
- Watch caged lightning at Questacon



GOLD CREEK VILLAGE

You could spend a whole day in the quaint Gold Creek Village in Canberra's north wandering through galleries, attractions, cafes and boutique stores. Just a short drive from the city centre, Gold Creek is home to family-friendly attractions including Cockington Green Gardens, the Canberra Reptile Zoo, the Canberra Walk-in Aviary and the National Dinosaur Museum.

Since opening in 1979, Cockington Green Gardens has continued to delight visitors young and old with

its meticulously crafted miniature buildings set within beautifully landscaped gardens. There are plenty of boutique shops to explore in Gold Creek selling everything from old fashioned lollies and toys, to furniture and fashion. Gold Creek's Aarwun Gallery has an eclectic display of paintings and works from some of Australia's leading artists. The gallery also features glassworks as well as a diverse range of ceramics, woodwork, stone and bronze.

VILLAGE TIPS

- Enjoy afternoon tea at Adore Tea
- Spot 'celebrities' in the miniature village displays at Cockington Green Gardens
- Enjoy the old fashioned English pub, the George Harcourt Inn

Regional

Canberra is the perfect central base for exploring the surrounding region. Within a few hours' drive you can be in Australia's high country exploring the Snowy Mountains, or the beautiful unspoilt coastline of the South Coast, or quaint towns, villages and vineyards close to the capital.

The region surrounding Canberra offers world-class arts and crafts, historic towns and villages, spectacular manicured gardens, stunning nature and breathtaking vistas, gourmet delights and three wine regions all within 90 minutes from the city.

The thriving and historic townships of Braidwood, Bungendore, Bowral, Goulburn,

Mittagong, Murrumbateman, Queanbeyan, Yass and Young are among many within an easy drive from the capital. Admire historic buildings, museums and galleries, antique stores, country fare and weekend markets. Find gourmet delights at the many winery cafes and restaurants, in country towns and along country lanes.



THE CAPITAL, COAST AND COUNTRY TOURING ROUTE

The Capital, Coast and Country touring route offers an unforgettable driving experience through spectacular coastlines, picturesque historic townships, pristine national parks, world-class national attractions and a plethora of gourmet

trails surrounding Australia's capital, Canberra. There are no road tolls within Canberra, ample and cheap parking at all national attractions, and minimal traffic congestions making Canberra an easy and perfect self drive destination.

MUST DO'S

- Discover world-class attractions, museums and galleries that tell the stories of Australia
- Spot native Australian wildlife at Tidbinbilla or Namadgi National Park
- Get close to nature at the Illawarra Fly Tree Top Walk, the only one of its kind in New South Wales
- Discover the region's heritage and sample unique cheeses, cider and wine at the Braidwood Cheese factory and Sully's Cider and Wine
- Enjoy spectacular ocean views and dramatic coastlines from the Sea Cliff Bridge and Bald Hill Lookout, an internationally renowned hang gliding point

For more information go to: www.visitcanberra.com.au/visitor-information/brochures-and-maps

CANBERRA MEDIA SERVICES

HOW WE CAN HELP MEDIA

VisitCanberra's Public Relations and Media team work closely with both domestic and international media to ensure effective communication about Australia's national capital as a tourist destination. We assist journalists wanting to write about, research, produce programs on, or travel to Canberra and its region.

VISITCANBERRA BLOG

Our blog provides news, story ideas and the latest information on Canberra region experiences, events and exhibitions. Sign up to receive our monthly consumer newsletter drawn from the blog <http://visitcanberra.com.au/newsletter-signup>

IMAGES

We can supply media with high resolution images and high definition wild footage for television. Our still images are available on our online image library at images.visitcanberra.com.au

VISITING JOURNALISTS AND INFLUENCERS PROGRAM

Our Visiting Journalist and Influencers Program (VJIP) gives domestic and international journalists and influencers first-hand knowledge of Canberra and the region by providing ideas and background information, itineraries and hosting services in conjunction with our industry partners. We can offer, at times, subsidised travel and accommodation and help with filming permissions. In return we require a published copy of the article/ program or post resulting from the visit.

SOCIAL MEDIA CHANNELS

Visit our consumer website www.visitcanberra.com.au where you'll also find links for our social media channels: Facebook, Twitter, YouTube, Instagram and Pinterest.

A great way to find out more about the national capital is through our social media channels. We're a very social city and we'd love for you to join in the conversation. **#visitcanberra** is the main hashtag for our organisation but it is also used for allowing permission to repost and share Instagram images. If you'd like to share details about your experiences in Canberra feel free to tag **#visitcanberra**.

VisitCanberra's media Twitter handle is **@VisitCBRMedia** and consumer Twitter handle is **@VisitCanberra**. Our Instagram handle is **@VisitCanberra**.

VISITCANBERRA CORPORATE SITE

www.tourism.act.gov.au

KEY CONTACTS

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PR and Media Officer (social focus)

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CANBERRA TRADE SERVICES

VisitCanberra's International Partnership team works closely with domestic and international travel trade to train, educate and assist trade partners with destination information including itinerary development, famils and partnership opportunities. The team participates and coordinates a range of B2B events and activities with Inbound tour operators and distributors on-shore and attends workshops and trade missions in key international markets.

KEY CONTACTS

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International Partnerships Team

tourism.trade@act.gov.au



CANBERRA CBD LEGEND

	Attraction – free admission
	Attraction – admission charge
	Canberra and Region Visitors Centre
	Embassy
	Fuel station
	Shopping & food precinct



To National Arboretum Canberra;
to National Zoo & Aquarium

Kurrarjong

Weston Park

Spinnaker Is

Black Mountain
Peninsula

Yarralumla
a Bay

LAKE

West Lake

Springbank

Acton
Peninsula

BURLEY

National
Museum of Australia

West
Basin

Ferry Terminal,
Boat and Bike Hire

AUSTRALIAN
NATIONAL
UNIVERSITY

Burgmann
College

National Film and
Sound Archive

VERMAY
City Hill

LEGISLATIVE
ASSEMBLY

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DUNTRON

RUSSELL

Aspens

PARKES

BARTON

YARRALUMLA

DEAKIN

To Hospital / Woden

East Basin

CAPITAL
HILL

Parliament
House

FORREST

MANUKA

DEAKIN

YARRALUMLA

DEAKIN

To Hospital / Woden

Canberra
Railway
Station

Canberra
Railway
Museum

Canberra
Railway
Museum

Canberra
Railway
Museum

Canberra
Railway
Museum

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Museum

Experience one good thing after another. It's as easy as...

1

Jumping online to **visitcanberra.com.au** to check out what's on, find short break ideas and book the perfect accommodation.



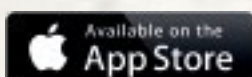
2

Downloading your free Canberra Visitor Guide App, full of inspiring video clips, image galleries and an events calendar that's updated throughout the year.



3

Connecting with us on social media. Get tips from the locals, discover hidden secrets and share your story with us.



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